

CAMP INFORMATION PACK

YMCA CAMP WARRAWEE / NORTH PINE

YMCA OF BRISBANE

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INTRODUCTION

Thank you for your interest in YMCA Camping. The YMCA believes that camping is all about challenging and inspiring through adventure. Camp is often the first time away from home for many young people, and is an incredible opportunity for them to grow and to develop their leadership skills.

At the YMCA, camping is part of our DNA! With more than 120 years' of history in providing camping experiences for children and young people, the YMCA has developed a unique approach that we offer to Australian families and schools through four distinctively different YMCA camps in Brisbane (Camp Warrawee, Camp North Pine and Camp Bundalong) and Warwick (Camp Leslie Dam).

Please find enclosed information regarding YMCA Camp Warrawee and Camp North Pine:

- Activity Options
- Sample Menu
- Learning Framework
- Program Example
- Camp Facilities/Equipment

If you have any questions please do not hesitate to contact the Camp Warrawee office on 07 3882 1436. We look forward to providing yourself and your group an awesome camp experience.

Kind Regards

A handwritten signature in black ink, appearing to read 'Graeme Ferguson'.

Graeme Ferguson
Camp Manager
Camp Warrawee | North Pine | Bundalong

CAMP WARRAWEE

Located in beautiful natural bushland, situated on the North Pine River, Camp Warrawee is only 35 minutes North of Brisbane. Camp Warrawee combines fascinating natural diversity with a wide range of adventure activities.

Camp Warrawee can provide challenge and adventure through a range of outdoor education experiences or can be booked to host your social group or family weekend retreat.

Camp Warrawee has a range of accommodation options of varying capacities to meet the needs of different groups. Our three dedicated leader's cabins have ensuites and are air conditioned. Camp Warrawee caters for a maximum of 218 guests.



CAMP NORTH PINE

Located within the historical village of Old Petrie Town and situated on the North Pine River, YMCA Camp North Pine is only 35 minutes North of Brisbane. Camp North Pine offers access to a range of unique historical and cultural activities at Old Petrie Town as well as challenge and adventure through a range of outdoor education experiences.

Camp North Pine is connected via a bush track to the larger Camp Warrawee so groups have access to additional activity options.

Camp North Pine has two accommodation wings accommodating 56 guests (112 total). Groups staying at Camp North Pine enjoy exclusive use of the camp and facilities.



ACTIVITY OPTIONS

Rope Activities

Abseiling

For Year 7 +, climb up a 10m ladder to the top of Bundalong Recreation Centre then abseil down. An excellent self-esteem and character building activity.

Giant Swing *

A high rope activity where participants are raised into the air by other members of their group and then activate the release to swing. **Great for team building experience**

Indoor Climbing

Campers challenge themselves to reach the top of the climb. **An excellent self-esteem and character building activity.**

Swinging Fox

For all ages, an adaptation of the Flying Fox designed so that our **younger visitors can experience the fun of the fox.**

Possum Glider

A high rope activity where participants are raised into the air by the other members of their group. **An excellent team building activity.**

Low Ropes*

A course for all ages with varying degrees of difficulty which can be adjusted to suit the abilities of the participants. Great for trust, communication and team work. **There are 10 elements in total including:**

- Heebie-jeebie
- Tension traverse
- Bosons chair
- Swinging tyres
- Sliding vine

Milk Crate Climb

A high ropes activity where a team builds the highest milk crate stack (and climbs it) in the time given. **An excellent communication and team building activity.**

Flying Fox

For Year 7 +, the activity has a high rope element where the participant climbs to a platform and **experiences the exhilaration of "flying" back down along the zip line.**

Hanging Vine

For Year 7 +, a high rope element where the participant is challenged to climb up a tree then move across a cable suspended between two trees using the "hanging vines" to assist them. **Excellent self-esteem and character building activity.**

Water Activities

Canoeing*

Canoeing on the North Pine River. A very popular activity for all ages and is structured to **suit the age and capabilities of the participants.**

Raft Building*

Groups are given basic materials and have to construct their own raft and test it on the river. **Great for developing team work and encouraging leadership.**

Tyre Tubing*

Participants float down the North Pine River on a Tyre Tube while learning about the water cycle and local environment. **Great for developing an appreciation of the natural environment.**

Water-based Trust and Initiative activities

These simple activities are designed to improve team work, trust and communication within the group in a wet environment. **Examples include:**

- Un-Cork it
- Punctured drum
- Human ladder

Swimming Pool activities

Activities such as volley ball and relays or free time for **fun and relaxation.** Pool inflatable obstacle course also available for hire.

Land Activities

Archery*

Basic level field archery **designed to give participants experience in the sport.**

Catapult Challenge*

A great team initiative activity encouraging problem solving and team work as participants work together to build their own Catapult to shoot items at targets.

Cottage Garden Program

Inspired by the popular kitchen garden programs - learn about our waste management and minimisation programs, composting, worm farms and easy gardening tips. Participants get to pick produce from the garden then make and eat a wood fired mini pizza.

Geocaching*

Geocaching is becoming a worldwide craze, at camp participants learn the basics of this activity by using specialised GPS units to complete a treasure hunt/ amazing race over the camp site.

Orienteering*

A number of map reading courses are available **with varying levels of difficulty**.

Land based Trust and Initiative Activities*

These simple activities are designed to improve team work, trust and communication within the group. **Examples include:**

- TP Shuffle
- Spider Web
- Human Ladder

Survivor Skills*

Participants will learn how to avoid becoming lost in the wilderness, participants will learn the proper skills and attitudes of surviving if lost and how to enable rescuers to find them quickly.

Other Outdoor Activities

Environmental Rainforest Walk

Discover the wonderful views and wildlife around the **YMCA camp**. Participants learn about the natural and human history of the Petrie area.

Playing field

An open space for your **sporting games**. Dimensions 75m x 65m.

Ball Sports*

Courts available for **Netball, Basketball, Volley ball, Beach Volleyball & Badminton**.

Other Activities Available At Old Petrie Town

Bread Making*

Experience bread making with a genuine wood fired oven. **A taste test is a must.**

Multicultural Centre - indigenous cultural experience*

Renowned Australian artists Terry Saleh offers a variety of cultural experiences including dance and storytelling; boomerang making, painting and throwing; didgeridoo culture and bush medicine. For more information visit www.salehart.com

Heritage Museum*

The Pine Rivers Heritage Museum encourages visitors to explore the district's historic character through the permanent and rotating displays covering a range of local themes. For more information visit www.moretonbay.qld.gov.au

Pottery Barn*

See how clay pots are made and make your own masterpiece.

Craft Inspirations*

Try scrapbooking - make your own cards using the special design scissors and punches under the guidance of experts.

Old Petrie Town is a 20 minute walk from Camp Warrawee via a private inland track.

*** Activities available at Camp North Pine.**

SAMPLE MENU

Camp Menu (sample):

- This menu is for the whole group not as individual requests.
- Normal meal times are Breakfast: 7.30am, Lunch: 12.30pm, Dinner: 6.00pm.
- Variations may apply when multiple groups are in camp, or to suit your programming.

Following is our sample weekly menu:

SAMPLE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast <small>(Includes cereals, toast, condiments, juice & fresh fruit)</small>	Pancakes with Maple Syrup	Chipolatas, Hash Browns, Baked Beans & Grilled Tomato	Scrambled Eggs, Bacon & Grilled Tomato	Chipolatas, Hash Browns, Baked Beans & Grilled Tomato	Scrambled Eggs, Bacon & Grilled Tomato	Chipolatas, Hash Browns, Baked Beans & Grilled Tomato	Scrambled Eggs, Bacon & Grilled Tomato
Morning Tea	Biscuits & Fresh Fruit	Biscuits & Fresh Fruit	Biscuits & Fresh Fruit	Biscuits & Fresh Fruit	Biscuits & Fresh Fruit	Biscuits & Fresh Fruit	Biscuits & Fresh Fruit
Lunch <small>(Includes fresh fruit)</small>	Hamburger with Lettuce, Cheese, Beetroot & Tomato	Crispy Chicken Burger with Lettuce, Pineapple & Tomato	Tortilla Wrap with Chicken Tender, Lettuce, Cheese & Tomato	Hamburger with Lettuce, Cheese, Beetroot & Tomato	Crispy Chicken Burger with Lettuce, Pineapple & Tomato	Hamburger with Lettuce, Cheese, Beetroot & Tomato	Crispy Chicken Burger with Lettuce, Pineapple & Tomato
Afternoon Tea	Home Made Cake & Fresh Fruit	Home Made Cake & Fresh Fruit	Home Made Cake & Fresh Fruit	Home Made Cake & Fresh Fruit	Home Made Cake & Fresh Fruit	Home Made Cake & Fresh Fruit	Home Made Cake & Fresh Fruit
Dinner	Chicken Kiev, Jacket Potatoes, Vegetables (Peas, Carrots, Mini Corn Cob, Cauliflower or Broccoli) Gravy & Dinner Roll	Beef Pasta Bake, Tossed Salad (Lettuce, Tomato Wedges, Cucumber, Capsicum, Sprouts) & Garlic Bread	Chicken Kiev, Jacket Potatoes, Vegetables (Peas, Carrots, Mini Corn Cob, Cauliflower or Broccoli), Gravy & Dinner Roll	Beef Pasta Bake, Tossed Salad (Lettuce, Tomato Wedges, Cucumber, Capsicum, Sprouts) & Garlic Bread	Chicken Kiev with Salads (Coleslaw, Potato Salad, Sweet Corn Kernels, Tomato Wedges, Cucumber) Gravy & Dinner Roll	Roast Beef, Jacket Potatoes, Vegetables (Peas, Carrots, Mini Corn Cob, Cauliflower or Broccoli) Gravy & Dinner Roll	Spinach & Ricotta Ravioli with Napolitano Sauce, Tossed Salad (Lettuce, Tomato Wedges, Cucumber, Capsicum, Sprouts) & Garlic Bread
Dessert	Fruit Salad & Ice-cream	Apple Charlotte & Vanilla Custard	Fruit Salad & Ice-cream	Apple Charlotte & Vanilla Custard	Fruit Salad & Ice-cream	Apple Charlotte & Vanilla Custard	Peaches & Ice-cream
Supper	Milo & Biscuits	Milo & Biscuits	Milo & Biscuits	Milo & Biscuits	Milo & Biscuits	Milo & Biscuits	Milo & Biscuits

LEARNING FRAMEWORK

The YMCA Camping Learning Framework has been created to assist groups to identify the desired learning outcomes for campers and to assist us to design a camp experience to meet your needs:

Personal Growth

LEARNING EXPERIENCE	DESCRIPTION
Build Resilience	Campers develop and demonstrate coping strategies to adapt to individual and group challenges.
Reinforce A Positive Outlook	Campers are happy in the present moment and have a sense of wonder and optimism for a positive future and interact positively with each other.
Develop New Physical Activity Skills	Campers experience new adventure activities and develop skills to encourage lifelong physical activity in the outdoors.
Set Goals	Campers learn to set personal and group goals, persist and strive to achieve them.
Make Healthy Choices	Campers understand how healthy choices contributes to their own physical, mental and emotional wellbeing.
Develop independence	Campers take responsibility for their own actions and wellbeing and display initiative to effectively solve problems.
Provide Opportunities For Leadership	Campers experience opportunities to influence and encourage positive group behaviour, lead by example.

Sense of Community

LEARNING EXPERIENCE	DESCRIPTION
Be Socially Responsible	Campers are inclusive and respectful of others, embrace diversity and contribute to their camp community.
Solve Problems Together	Campers respect each other's viewpoints and work together to achieve outcomes.
Work As A Team	Campers work collaboratively with their peers using effective communication skills and developing trust between group members.
Connect With Others	Campers develop positive relationships with others, form new friendships and strengthen existing ones.

Connect with the Natural World

LEARNING EXPERIENCE	DESCRIPTION
Appreciate the Natural World	Campers experience interaction and connection with the natural world.
Understand the Natural World	Campers are exposed to and learn about the local ecosystems and human impact on the environment and develop respect for natural world.
Protect the Natural World	Campers take responsibility to protect and further enhance the environment through their actions.

SAFEGUARDING CHILDREN & YOUNG PEOPLE

The YMCA has a range of policies and procedures to keep children and young people safe. Details of these policies are available at: www.ymcabrisbane.org along with information on how you can report child safety concerns.

PROGRAMMING

YMCA Camping can provide a tailored program to suit your needs and budget. A program will be developed upon receipt of a camp deposit to secure your camp booking. Programs are designed in accordance with desired camp outcomes as identified on the YMCA Learning Framework.

Group Size - students/participants are divided into groups of approximately 15 people (the number of groups will depend on your final student/participant numbers).

1 DAY PROGRAMS (NON-CAMPING) - groups can visit camp without staying overnight. We cater for day groups and can provide a full activity program and meals as required.

Weekend/Public Holiday Programs - due to varying staff costs a program will be designed upon application. There are varying fixed daily rates for YMCA Outdoor Education Staff on Saturdays, Sundays and Public Holidays.

Night Programs – we can provide night programming as required. Options include Night Spotlight Walk, Camp Fire Cooking, Trivia, and Indoor Climbing. We can also assist with games and activities for Teachers/Group Leaders to run.

Sample Program Table

Group	1	2	3
Numbers	15	15	15
YMCA Instructor	Instructor 1	Instructor 2	Instructor 3
Day 1			
1130	Arrive, Welcome & Cabin Allocation		
1230	Lunch		
1330 - 1500	Canoeing	Raft Building	Catapult Challenge
1500	Afternoon Tea		
1530 - 1700	Raft Building	Canoeing	Archery
1700	Free Time & Showers		
1730	Dinner		
1900 - 2100	School Activity / Night Program		
Day 2			
700	Breakfast		
0900 - 1030	Giant Swing	Indoor Climb	Canoeing
1030	Morning Tea		
1100 - 1230	Indoor Climb	Giant Swing	Raft Building
1230	Lunch		
1330 - 1500	Environmental Walk	Cottage Garden	Giant Swing
1500	Afternoon Tea		
1530 - 1700	Cottage Garden	Environmental Walk	Indoor Climb
1700	Free Time & Showers		
1730	Dinner		
1900 - 2100	School Activity / Night Program		
Day 3			
700	Breakfast		
0900 - 1030	Catapult Challenge	Archery	Environmental Walk
1030	Morning Tea		
1100 - 1230	Archery	Catapult Challenge	Cottage Garden
1230	Lunch		
1315	Farewell & Departure		

CAMP FACILITIES/EQUIPMENT

Camp Warrawee

Building/Item	Notes
Swimming Pool	Beautiful 24m x 11m pool available at no extra charge. Pool must be shared if other groups staying onsite. Pool is not available after 5.30pm.
Jack Harris Hall	Indoor basketball court sized stadium – basketball, volleyball, indoor sports.
Bundalong Hall	Large multipurpose hall suitable for a range of activities.
Dining Hall	Suitable for group activities/movies after meal times.
Noonameena Hall	Small meeting room/activity area suitable for craft activities, group activities/meetings.
Outdoor Eating Area 1	Large outdoor eating area with picnic tables.
Outdoor Eating Area 2	Smaller outdoor eating area with shade sails and bench seating.
Main Fire Pit	Large fire pit. Timber available for an additional fee (or collect your own).
Bush Fire Pit	Smaller fire pit located near our bush shelter.
PA System	JBL Eon 610 Public Address system (2 x powered speakers and Yamaha mixing console). Suitable for playing music, movies, speeches etc.
Projector & Screen	Portable projector and projector screen.
Sports Equipment	Basketballs, Soccer balls, Hula Hoops etc.
Initiative Games	We have a range of games we can make available for school groups eg tug of war rope.

Camp North Pine

Building/Item	Notes
Dining Hall	Large multipurpose space suitable for a range of group activities.
Fire Pit	Large fire pit. Timber available for an additional fee (or collect your own).
Beach Volleyball Court	Sand pit with volleyball net.
PA System	JBL Eon 610 Public Address system (2 x powered speakers and Yamaha mixing console). Suitable for playing music, movies, speeches etc.
Projector & Screen	Portable projector and projector screen.
Sports Equipment	Basketballs, Soccer balls, Hula Hoops etc.
TV/DVD Player	Flat screen TV and DVD player on a trolley.
Initiative Games	We have a range of games we can make available for school groups eg tug of war rope.